

## Poliquin Picp Manual

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The Poliquin® International Certification Program (PICP™) was first designed to internationally recognize strength coaches who demonstrate the knowledge and skills to effectively train athletes worldwide. PICP™ now takes distinction in giving strength coaches and personal trainers the highest quality of education.

*PICP - Poliquin Group Education*

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Program Overview The Poliquin International Certification Program (PICP) recognizes strength coaches around the world who demonstrate the knowledge and skills able to effectively train athletes internationally. Higher-quality strength coaching is an imperative component in improving sports performance.

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*PICP Level 1 Online Certification - Configio*

The PICP Performance Specialization Certification is the flagship strength training certification of Poliquin Group™. This certification is unique compared to other certifications because to achieve the higher level credentials you must train clients that produce high marks in their sport as a result of your training programs.

*Performance Specialist - Poliquin Group Education*

For the first time ever, you can complete the PICP Level 1 & 2 Certification all online! This certification is a guided, self-pace course you can earn by successfully completing all the online sections. Your Final Exam will be submitting a video of the Structural Balance Assessment that will be reviewed by one of our PICP Instructors!

*Performance Specialist - Poliquin Group Education*

The Poliquin® Personal Training Online Certification recognizes personal trainers around the world who demonstrate knowledge and skill in effectively training clients. Higher quality personal training is an essential component in improving the fitness industry.

*Personal Training - Poliquin Group Education*

Poliquin Group™ is the exclusive provider of our flagship certifications, PICP (Poliquin® International Certification Program), our strength training certification based on the concept of Structural Balance and Poliquin® BioSignature Modulation, our 12-site Body Fat Assessment correlating hormonal imbalances and fat storage.

*Poliquin Group Education - EDUCATION*

Poliquin unique weight training fitness programs and supplements, strength and fitness training certification programs, and lifestyle articles. Body Transformations Body Fat Assessment. Get Certified Online Online Education. Strength Training Certifications Education. Online Store Shop. Coaches Community Community. Articles & Media Articles & Media. Vitruvian Fitness Software Vitruvian ...

*Poliquin Group*

The certification includes about 3.5 hours of instructional videos and a Level 2 Manual (PDF format). During the course you will cover the following topics in detail: Level 2 Theory Explanation of Lower Body Structural Balance

*PICP Level 1 Online Certification*

?This section is currently being updated. For any questions, please contact info@poliquineducation.com or call +1 401-885-4070, Monday-Friday 8:30 am- 4:00 pm EST\* \*Hours may vary due to...

*FAQ - Poliquin Group Education*

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The Coaches Community The new home for PICP Coaches and BioSignature Practitioners. Become a member of the Coaches Community The Poliquin International Certification Program provides strength coaches with unsurpassed skills in program design and teaching methodology.